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| **Coach learning area**: what does the coach want to us to listen out for? |  |
| **Client** topic/ goal/ key words/ etc |  |
| **Competency** | **Notes** (you can use + or – to indicate strength or stretch) |
| Competencies 1 and 2 are not directly assessed |
| 3. Establishes and Maintains Agreements |  |
| 4. Cultivates Trust and Safety |  |
| 5. Maintains Presence |  |
| 6. Listens Actively |  |
| 7. Evokes Awareness |  |
| 8. Facilitates Client Growth |  |